



DRIVING CONTRACT

in partnership with East Tennessee JDRF and

projectbluenovember™

1. I will check my blood sugar prior to getting into the car. If my blood sugar is below ____, I will have a carbohydrate snack and re-check my blood sugar prior to operating the car. A CGM reading does not ever replace a blood-glucose check before driving. Ever.
2. I will keep a source of glucose in my vehicle at all times, such as glucose tablets, sweet tarts, a juice box, or some other snack in case my blood sugar is getting too low. It is my responsibility to ensure these items be replaced in the car when they are used.
3. If I experience any symptoms of low blood sugar while driving, I will pull over at the first safe opportunity, eat a fast-acting sugar and a carbohydrate snack. I will call my parents, then I will re-check my blood glucose, prior to driving again.
4. If my Hemoglobin A1c is higher than _____, my driving privileges will be limited and possibly restricted until I get in better control.
5. If my blood sugar is high, I will follow the protocol set by my endocrinologist for dealing with high blood sugar and driving.
6. I will maintain grades at a ___ or better.
7. I will return home at OR BEFORE the time I was told to be home.
8. My cell phone will always be charged to 100% before I leave the house. I will also keep a cell phone charger in my car at all times.
9. I will not talk on the phone or text unless the car is pulled to the side of the road and in Park. This includes looking at the screen to see who is calling/texting. I will respond to any texts or phone calls from my parents as soon as it is safe to do so.
10. I will not give a ride to anyone (except my siblings), no matter how short the distance, without prior permission from my parents. Permission must be obtained for EACH event.
11. I will always wear my seatbelt, and I will make sure that any passengers also always wear their seatbelt.

12. Just because I have a license does not mean I am now free to go wherever I want, whenever I want. I must still ask permission before taking the car, and let my parents know what my plans are, where I will be, and when I will be returning, especially when my plans change.
13. Should I get a ticket, I will pay for the ticket out of my own pocket (and preferably attend traffic school). Should I get in an accident, I will be responsible for the cost of repairs. If our insurance premium is increased due to this ticket or accident, I will pay the difference in the insurance premium.
14. At no time will there ever be any alcohol, drugs, or cigarettes in the car. Ever.
15. I will keep the car that I drive clean, inside and out. I will be aware of the need for gas, and will make my parents aware immediately should any warning lights go on.
16. I will make a playlist exclusively for my car. I will start the playlist, or pick a radio station, before I put the car in drive, and not change any music while I am driving other than to turn it off. I will keep the volume at a level that cannot be heard outside my car.

I, _____, on this day, _____, do agree to the stipulations stated before rendering me the privilege of driving my parents' cars. If, at any time, I violate the said agreement, my driving privilege will be forfeited to the extent and degree of the violation.

Signed,

Driver date

Parent date

Parent date